

When I arrived at Hope House, I had just finished 35 days in Hickory House Recovery. I have struggled with alcohol at different times in my life. After over 3 years sobriety I relapsed. I have been diagnosed with P.T.S. D. due to extreme abuse I suffered at the hands of my ex-husband. I continually beat myself up over the abuse and my subsequent alcohol abuse: something I was clear by using to mask the pain. This relapse opened my eyes in so many ways, and I have never before this had the tools that I have now. I am so determined to protect my sobriety.

After graduating from Hickory House, I had nowhere to go. There was no place that was safe for me to continue in my sobriety. Hope House has been that safe harbor for me. It has allowed me to find work, and even further that that the staff have been a tremendous encouragement. Giving me insightful words of wisdom at a time when I truly needed it. I am taking I.O.P. classes now and a class on counseling because it is my hope to be a help to someone else and pass on a little of what Hope House has done for me.

I seriously do not know where I would be without Hope House. I feel blessed to be here. So very thankful for a safe, warm, clean place to lay my head. Even more grateful for the staff whom have given me encouragement to do the next right thing: and above that imparted wise council and financial direction.

To all those involved with Hope House-I thank you for all that you do! And I pray God's Blessing on you as you continue to bless others.

Cyndi